

## 7. KOŠHC Sun Protection Policy

The Kapunda OŠHC service provides a balanced approach to ultraviolet radiation exposure. This advice will follow the current scientific advice on UV exposure and provide children and educators with the opportunity for safe and protective UV exposure related to the UV index and will be seasonal in nature.



- ❖ During the months of September to April children will be required to wear an appropriate hat which protects their face, neck and ears whenever they are outside. Children will also be required to wear an appropriate hat during May to August when the UV level is 3 or higher or if they are outside for an extended period of time eg: on an excursion
- ❖ To minimise the spread of infections such as headlice, impetigo and ringworm, children will not share hats (with the exception of immediate family members).
- ❖ Hats must be either broad brimmed, legionnaires style or a bucket hat with a deep crown and at least 6cm brim. **Baseball caps are not allowed. Children who do not bring hats will not be provided with one.**
- ❖ Clothing should include t shirts with covered shoulders for outside play and longer style dresses not singlet tops. Where outdoor swimming activities are part of the program, a close fitting t shirt or rash top should be worn over bathers.
- ❖ Children who do not have their hats or appropriate clothing will be asked to play in an area protected from the sun.
- ❖ For educators and children, the use of sunglasses with an eye protection factor of 10 and meet Australian standards will be encouraged.
- ❖ Outdoor activities will be scheduled with consideration to weather conditions. The service will endeavour to limit these activities or conduct them in shaded areas where possible.
- ❖ SPF 30+ broad-spectrum water-resistant sunscreen will be provided for educators and children to apply to exposed skin 30 mins before going outside. Sunscreen will be reapplied regularly after 2 hours of exposure. Where a child may have sensitive skin, parents will be asked to provide an appropriate SPF 30+ sunscreen for their child's use.

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- ❖ Educators will ensure that sunscreen is not out to date.
- ❖ Educators will support younger children and encourage older children to appropriately apply an SPF 30 plus sunscreen before going outdoors. Educators will act as positive role models by practicing Sun Smart behaviours including appropriate hat wearing outdoors.
- ❖ Discussion about skin and ways to protect it from skin cancer will be encouraged in the children's program
- ❖ The service will provide an appropriate level of sun exposure during the safest seasonal period between May and August and when the UV rating is below 3. The service will check the Cancer Council of South Australia's current recommendations for exposure.
- ❖ When enrolling their child, families will be informed of and encouraged too become familiar with the sun protection policy. Families and children will be encouraged to support educators by dressing appropriately for the conditions, including wearing a hat.

Regulations	National Quality Standards	Other policies/service documentation	Other legislation/guidelines
168	2.3		OHS&W Act/Regulations
114		Child-safe Environment Policy	
249 (2) Transitional Arrangements for shade		Excursion Policy	
		Sun Protection Policy	

REVIEWED FEBRUARY 2017